

DAVID JENSON CATERING

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MENU OPTIONS**Appetizers**

Cheese & ceackers plate

chips & Salsa

Hummus & pita

Crudités

Veggie wheals

Salads

Peasant salad – tomato, mozzarella, basil , croutons w/ balsamic dressing

Caesar salad- parmesan cheese, croutons on bed of romaine lettuce w/ Caesar dressing

Raspberry salad – raspberry on a bed of mixed greens w/ strawberry dressing

Apples & walnut salad – cranberry, celery on a bed of arugula parsley and cilantro w/ lemon vinaigrette

Beets & goat cheese salad- with toasted on almonds on a bed of mixed greens w/ balsamic dressing

Strawberry salad – corn, tomato, cucumber, avocado on a bed of mixed greens w/ lemon olive oil.

Nicoise salad- string beans , boiled egg, finger potatoes , tuna, cherry w lemon vinaigrette

Calypso salad- coconut almonds orange, apple w/ citrus dressing

Greek salad – tomato, cucumber, kalamata olives, feta cheese on a bed of romaine lettuce

Italian salad- tomato, cucumber , purple onion w/ lemon herb vinaigrette

Pea & arugula salad - finely chopped purple cabbage w/ a crema ranch dressing

Arugula salad –pears, walnuts, shaved parmesan w/ lemon herb dressing

Potato salad – corn, boiled eggs, pickles, w/ creamy mayonnaise dressing

Fruit plate

Starch

Roasted potatos w/ fresh herbs

Potato wedges

Papas bravas

Potato gratine

Corn soufflé

Corn muffins

Signature mashed potato

Pasta marinera w/ vegetables

Pasta pesto /vodka/alfredo/ bolognese/ puttanesca (gluten free available)

Lasagna vegetables

Lasagan w/ meat sauce	
Mac & cheese	
Spanish quinoa- grilled vegetables, black beans (served chilled)	
Quinoa salad – cranberry, almonds, spring onions w/ balsamic dressing (served chilled)	
Yellow Rice pilaf – mixed vegetables	
Mexican rice	
Couscous - dried fruit (served chilled)	
Couscous – grilled vegetables and chick peas	
Chick pea salad – sautéed veggies w / paprika and olive oil (served chilled)	
Sandwiches / sliders/ panini	
Beef tenderloin sandwiches	
Chicken salad sandwiches	
Pulled pork sandwiches	
Chicken pesto chebata w/ buffalo mozzarella	
Tomato mozzarella basil on chebata w/ balsamic	
Grilled vegetable chebata w/ pesto	
Turkey club sandwich	
BLT slider	
Grilled Chicken slider w/ sundried tomato mayo	
Protein	
<u>Chicken</u>	
Chicken piccata	
Chicken marsala	
Orange chicken	
Roasted chicken	
Mediterranean chicken	
Butter honey chicken	
Chicken fajita	
Chicken cacciatore	
<u>Beef</u>	
Beef tenderloin w/ caramelized onions	
Beef brisket slow cooked w/ dried fruit and marsala wine	
Beef brisket w/ mushrooms and baby carrots	
Corn beef brisket	
Italian meatballs	
Meatball w/ peas	
<u>Fish</u>	
Seared salmon w/ spinach & vegetables	

Salmon cacciatore	
Grilled salmon	
Meditaranian cod	
Moroccan cod	
Vegetables	
Grilled vegetables	
Grilled asparagus	
Grilled carrots	
Grilled tomato w /fennel dressing	
Sautéed string beans butter garlic	
Baked string beans w/ onions & tomato	
Italian peas	
Sautéed broccoli w onions garlic	
Broccoli cheese casserole	
Cauliflower gratin	
Roasted cauliflower	
Sautéed garden vegetables	
Roasted acorn squash wedges	
Sweet potato roasted w brown sugar, cinnamon and orange zest	
Corn fresh off the cob- corn sautéed w/ butter	
Dessert	
Butter sugar cookies	
Chocolate chip	
Brownie bites	
Peach cobbler	
Mini canolli	
Tiramisu pudding	
Chocolate bread pudding	
Chocolate flan	
Popular theme	
Mexican buffet	
Italian buffet	
Mediterranean buffet	
Southern style buffet	
Stations	
Taco station	
Pasta station	
Omelets station	
Fresh juice station	

Falafel station	
Crepe station	
Ice cream station	
Ice cream sandwich station	